Becoming a Safe Sitter®

- Would you know how to rescue a choking child?
- What if the child has a nosebleed?
- Do you know how to screen babysitting jobs to decide when to accept or refuse?
- Would you know what to say if you had to call 911?
- Do you know how to change a diaper?

Safe Sitters learn these things…and more!

For more information call The Parenting Center @ (985) 898-4435

The Best Babysitter is a Safe Sitter®

November 2019

Monday and Tuesday 25th and 26th

St. Tammany Parish Hospital
The Parenting Center
1505 N. Florida Street, Suite B
Covington, La. 70433
A Message To Parents...

Safe Sitter® prepares students that have completed the 5th grade level to be safe when they’re home alone, watching younger siblings, or babysitting. This program is designed exclusively for young teens in grades 6-8.

Students learn life-saving skills such as how to rescue someone who’s choking, and helpful information like what to do if there’s severe weather. The lessons are filled with fun activities and role-playing exercises. Students even get to use CPR manikins to practice CPR and choking rescue!

Due to limited registration the fee for this class is non-refundable.

Course location:
The STPH Parenting Center
1505 N. Florida Street, Suite B
Covington, LA 70433

St. Tammany Parish Hospital Parenting Center Presents
Safe Sitter®

When you accept a babysitting job, you accept the responsibility for a child’s life. Taking a Safe Sitter® class will help prepare you to be a more responsible babysitter. And you’ll HAVE FUN!

Parenting Center Safe Sitter® training:

A Two-Day Course

- 9:00 a.m. – 2:15 p.m.
The award ceremony is from 2:15 – 2:30 on the second day.
Parents are encouraged to attend.

COST: $95/ per student

Make check payable to:
The Parenting Center
1505 N. Florida St, Suite B
Covington, La  70433

Includes:
- Safe Sitter® Manual
- Completion Card
- Water and Snacks Provided

Content Includes:
- Safety Skills
- CPR
- Child Care Skills
- First Aid & Rescue Skills
- Life & Business Skills
- Safety in an online World

For more information call (985)898-4435
email: cfouquet@stph.org
or register online @
www.stph.org/parentingcenter
(Class limit is 20 students)

The student must have completed the 5th grade by the date of the class!