



# Outpatient Services Directory

St. Tammany Parish Hospital

1202 S. Tyler St., Covington, LA 70433 | 985-898-4000 | stph.org | 24 hours a day

## Emergency Locations

[STPH.org/ERWaitTime](http://STPH.org/ERWaitTime)

Covington—985-898-4438

1202 S. Tyler Street

Main ED and dedicated Pediatric ER

Mandeville—985-773-1550

2929 Hwy. 190

Across from post office by Bippo's

## Bone and Joint Clinic at STPH

71211 Highway 21, Ste. A, Covington

985-893-9922 | [STPH.org/BoneAndJoint](http://STPH.org/BoneAndJoint)

Monday-Thursday, 8:30 a.m. to 5 p.m.

Friday, 8 a.m. to 3 p.m.

Adult and pediatric orthopedics and sports medicine specialists

## Cardiac Rehabilitation

16300 Highway 1085, Covington

985-898-3780 | [STPH.org/CardiacRehab](http://STPH.org/CardiacRehab)

Monday-Friday, 7:30 a.m. to 5 p.m.

Individualized phase I, II, III and IV cardiac exercise, maintenance, counseling and education programs for patients with heart disease

## Community Wellness Center

1505 N. Florida St., Ste. A, Covington

985-871-6030 | [STPH.org/](http://STPH.org/)

CommunityWellness

Monday-Friday, 8 a.m. to 4:30 p.m.

WIC services, immunizations, Medicaid application, women's health services

## Coumadin Clinic

16300 Highway 1085, Covington

985-898-3751 | [STPH.org/CoumadinClinic](http://STPH.org/CoumadinClinic)

Monday-Friday, 8 a.m. to 3 p.m.

Individualized patient Coumadin/warfarin education and INR testing

## Covington Cardiovascular Care at STPH

1006 S. Harrison St., Covington

985-871-6019 | [STPH.org/CCCatSTPH](http://STPH.org/CCCatSTPH)

Monday-Thursday, 8:30 a.m. to 5 p.m.

Friday, 8 a.m. to 3 p.m.

Nuclear medicine, echocardiogram, vein therapy, EKG, Holter monitor

## Covington Surgery Center

1203 S. Tyler St., Covington | 985-898-4431

[STPH.org/CovingtonSurgeryCenter](http://STPH.org/CovingtonSurgeryCenter)

Monday-Friday, 6:15 a.m. to 5 p.m.

Offsite outpatient surgery center

## Diabetes Education

[STPH.org/DiabetesEducation](http://STPH.org/DiabetesEducation)

985-871-5983 info | 985-871-5665 referrals

Education, pre-diabetes, gestational, medication nutrition therapy

## Discharge Clinic

16300 Hwy. 1085, Covington

985-871-5955 | [STPH.org/DischargeClinic](http://STPH.org/DischargeClinic)

Monday-Friday, 11 a.m. – 7 p.m.

Post-discharge follow-up clinic for certain acuity patients with complex discharge needs

## Enterostomal Therapy Clinic Outpatient Ostomy Care

1202 S. Tyler St., Covington

985-898-4053 | 985-871-5985 fax

Enterostomal wound, ostomy or continence nurses (WOCNs) provide care for people with selected disorders of gastrointestinal, urinary and reproductive systems and skin

## Home Health and Hospice

725 W. 11th Ave., Covington

Home Health: 985-898-4414

Hospice: 985-871-5976

[STPH.org/HomeHealthHospice](http://STPH.org/HomeHealthHospice)

Monday-Friday, 8 a.m. to 4:30 p.m.

(Nurse on call 24 hours a day)

**Home Health:** Rehabilitative, palliative and supportive care to patients confined to home under a physician's care

**Hospice:** Palliative and supportive care for terminally ill patients and families at home

## Infusion Suite

1202 S. Tyler St., Covington

985-898-4429 | [STPH.org/InfusionServices](http://STPH.org/InfusionServices)

Monday-Friday, 7 a.m. to 5 p.m.

Non-cancer-related infusion services

## Mandeville Diagnostic Center

201 St. Ann Drive, Ste. A, Mandeville

985-612-2110 | [STPH.org/MDC](http://STPH.org/MDC)

Monday-Friday, 7 a.m. to 4:30 p.m.

Lab, xray, ultrasound, EKG, mammography, bone density

## Northlake Surgical Associates at STPH

606 11th Ave., Covington | 985-898-3766

[STPH.org/NorthlakeSurgical](http://STPH.org/NorthlakeSurgical)

Monday-Thursday, 8 a.m. to 5 p.m.

Friday, 8 a.m. to 3 p.m.

General and laparoscopic surgery

## Outpatient Rehab

1414 S. Tyler St., Covington

985-892-4622 | [STPH.org/Rehab](http://STPH.org/Rehab)

Monday-Friday, 7 a.m. to 6 p.m.

Physical, occupational and speech therapy for orthopedic and neurological diagnoses from pediatric to geriatric; post-op rehab, sports medicine, certified hand therapy, lymphedema therapy, CVA, cancer rehab, dry needling, vestibular rehab, pilates; orthopedic PT at YMCA

## Palliative Medicine Clinic

1010 Polk St., Covington

985-871-5665 | 985-898-3749 fax

Monday and Thursday, 9 a.m. to noon

Improves quality of life for people with serious life-limiting illnesses

## Parenting Center

1505 N. Florida St., Ste. B, Covington

985-898-4435 | [STPH.org/ParentingCenter](http://STPH.org/ParentingCenter)

Monday-Friday, 9 a.m. to 1 p.m.

Education and support for parents and children

## Paul D. Cordes Outpatient Pavilion

16300 Highway 1085, Covington

985-871-6080 | [STPH.org/CordesPavilion](http://STPH.org/CordesPavilion)

Monday-Friday, 7 a.m. to 6 p.m.

Saturday, 7-11 a.m. (Lab and X-ray only)

Pre-admit testing, lab, radiology/imaging (xray, MRI, CT, ultrasound, mammography, bone density), EKG, echocardiogram, Holter monitor placement, pulmonary function testing, home oxygen determinations

## Pulmonary Rehab

16300 Highway 1085, Covington

985-898-3785 | [STPH.org/RespiratoryServices](http://STPH.org/RespiratoryServices)

Monday-Friday, 7:30 a.m. to 4 p.m.

Tobacco treatment counseling, multiphase education and individualized low-level exercise



# Outpatient Services Directory

## Ochsner Northshore Region

1000 Ochsner Blvd., Covington, LA 70433 | 985-875-2828 | ochsner.org

### Sleep Disorders Center

80 Gardenia Drive, Ste. A, Covington  
985-871-5987 | [STPH.org/SleepCenter](http://STPH.org/SleepCenter)  
Monday-Friday, 8 a.m. to 4:30 p.m.  
Home sleep testing, in-lab sleep testing

### St. Tammany Cancer Center

1203 S. Tyler St., Covington  
985-276-6830 | [STPH.org/CancerCenter](http://STPH.org/CancerCenter)  
Monday-Friday, 8 a.m. to 5 p.m.  
Comprehensive cancer care including medical and radiation oncology services, in addition to educational and support services

### St. Tammany Physicians Network

985-898-4001 | [STPH.org/STPN](http://STPH.org/STPN)  
Monday-Friday, 8 a.m. to 5 p.m.  
Pediatrics, family and internal medicine, diabetes education/management, Wellness Works visits  
**Covington:** 80 Gardenia Drive, Ste. B  
**Folsom:** 82525 Hwy. 25  
**Mandeville:** 201 St. Ann Drive, Ste. B  
**Pediatrics:** 1520 Hwy. 22, Madisonville  
[STPH.org/STPNpeds](http://STPH.org/STPNpeds)

### Women's Pavilion

301 N. Highway 190, Ste. C-2, Covington  
985-773-1500 | [STPH.org/WomensPavilion](http://STPH.org/WomensPavilion)  
Monday-Friday, 7:30 a.m. to 5 p.m.  
Screening, diagnostic, 3-D mammography; breast ultrasound, bone density, breast needle localization; stereotatic and ultrasound biopsies; maternal fetal medicine, pelvic floor therapy

### Wound and Hyperbaric Clinic

16300 Highway 1085, Covington  
985-871-6088 | [STPH.org/WoundCare](http://STPH.org/WoundCare)  
Monday-Friday, 8 a.m. to 5 p.m.  
Wound care, hyperbaric oxygen therapy, ultrasonic debridement, PAD screening, Sensilase

### Ochsner/STPH Urgent Care

Monday - Friday, 8 a.m. to 8 p.m.  
Saturday - Sunday, 9 a.m. to 5 p.m.  
Urgent healthcare, xray and lab  
**Mandeville:** 2735 US-190 (just past N'Tini's from STPH Mandeville Emergency Dept.) | 985-778-2510  
**Covington:** 1111 Greengate Hill Drive, Ste. B | 985-327-6095  
(occupational medicine Monday - Friday, 8 a.m. to 4:30 p.m.)

### Ochsner Health Center - Abita

22070 Hwy 59, Ste. C, Abita Springs  
985-875-2828 | [ochsner.org/locations](http://ochsner.org/locations)  
Monday - Friday | 7 a.m. to 5 p.m.  
Family practice

### Ochsner Health Center - Covington

1000 Ochsner Blvd, Covington  
985-875-2828 | [ochsner.org/locations](http://ochsner.org/locations)  
Monday - Friday, 7 a.m. to 5 p.m.  
Saturday, 8 a.m. to noon (primary care & peds)  
Allergy, diabetes education, dermatology, endocrinology, ENT, audiology/hearing aids, family medicine, internal medicine, GI, hepatology/transplant, infectious disease, nephrology, neurology, neurosurgery, ophthalmology, optometry, orthopedics, pain management, pediatric plastic surgery, radiology, rheumatology, surgery, urology, vein clinic, after hours/priority clinic, xray, MRI, PET, bone density, nuclear medicine, mammography, ultrasound, CT scan, lab, outpatient surgery center, optical shop, pharmacy, endoscopy, podiatry and physical medicine/rehabilitation

### Ochsner Health Center - Mandeville

2325 E. Causeway Approach, Mandeville  
985-898-7420 | [ochsner.org/locations](http://ochsner.org/locations)  
Monday - Friday, 8 a.m. to 5 p.m.  
Psychiatry

### Ochsner for Children Pediatric Specialty Clinic

71211 Highway 21, Ste. B, Covington  
985-875-2828 | [ochsner.org/locations](http://ochsner.org/locations)  
Monday - Friday, 8 a.m. to 5 p.m.  
Pediatric cardiology, endocrinology, gastroenterology, surgery, pulmonology

### Ochsner Health Center - East Mandeville

3235 E. Causeway Approach, Mandeville  
985-875-2828 | [ochsner.org/locations](http://ochsner.org/locations)  
Monday - Friday, 8 a.m. to 5 p.m.  
Peds 7:40 a.m. - 5 p.m.  
Family medicine, orthopedics, pediatrics, endocrinology, xray, lab

### Ochsner Women's Health Center - Covington

1203 S. Tyler St., Ste. 210, Covington  
985-875-2828 | [ochsner.org/locations](http://ochsner.org/locations)  
Monday - Friday | 8 a.m. to 5 p.m.  
Ob-gyn, mammography, ultrasound, lab

### Therapy and Wellness - Mandeville

1119 N. Causeway Blvd., Mandeville  
985-898-7230  
Monday - Thursday, 7 a.m. to 6 p.m.  
Friday, 7 a.m. to noon  
PT, OT, bone/joint/muscle injuries, sports injuries, neurologic conditions and diseases (LSVT Big program), orthopedic patients from adolescent to geriatric, dry needling, vestibular, balance and gait, neck and back pain, hand injuries (certified hand therapist - CHT - at this clinic)

### Therapy and Wellness - Covington

1000 Ochsner Blvd., Covington  
985-875-2777  
Monday and Wednesday, 9 a.m. to 6 p.m.  
Tuesday and Thursday, 7 a.m. to 4 p.m.  
Friday, 8 a.m. to noon  
PT, OT for adolescent through geriatric populations, musculoskeletal injuries or pain, sports injuries, neck and back pain, vestibular conditions, post concussion syndromes, hand injuries, orthopedic injuries, orthopedic post-operative rehabilitation. Specialty programs: sports medicine, healthy back