

2015 STPH CARDIAC EDUCATION

Time	Topic	Speaker
9-9:30 a.m.	Introduction to Cardiac Anatomy	STPH Cardiac Rehab Staff
9:30-10:30 a.m.	Pharmacologist discussion	STPH Pharmacist
10:30-11:30 a.m.	Dietitian discussion	STPH Dietitian
11:30 a.m.	Discussion on risk factors of coronary artery disease, cardiac emergencies, benefits of exercise and stress management	STPH Cardiac Rehab Staff

Paul D. Cordes Outpatient Pavilion
16300 Highway 1085, Covington
Conference Room 2

Lunch is included. Participants are asked to RSVP the Friday before the class.
For more information please contact 985-898-3780.



2015

Jan. 20
March 17
May 19
July 21
Sept. 15
Nov. 17



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