





*St. Tammany*

PARISH HOSPITAL

*World-class healthcare... Close to home*  
*Pre Operational Service*  
*(985) 98-4464*

Is there anything else your doctor should know? \_\_\_\_\_

Name of person driving you home: \_\_\_\_\_ Phone Number: \_\_\_\_\_



## **Prepare For My Procedure**

### **General**

**If you have a language barrier or communication issue, call (985) 898-4042.**

**If you have an internal defibrillator device (AICD) or Pace Maker, bring your card for the nurse to copy.**

**Please complete the Patient Questionnaire and bring with you the day of your procedures.**

**Do not eat or drink anything after midnight. If your procedure is scheduled for the afternoon, call your physician for specific instructions.**

### **Special Medication Instructions**

- **Blood thinning medications (such as Aspirin, Coumadin, Ticlid, Plavix, Persantine, Aggrenox and Lovenox) need to be discontinued prior to your procedure. Avoid drugs like Ibuprofen, Nuprin, Advil, Aleve, Motrin, or Naprosyn. Contact your physician for specific instructions.**
- **Continue taking your other prescribed medications for blood pressure and heart as usual. Contact your physician for specific instructions.**
- **Diabetic patients: If you take an oral hypoglycemic (sugar pill), do not take it the day of your procedure. If you take insulin, contact your physician for specific instructions.**